



# **The Secret of Happy Horses - An Owner's Guide to Soundness, Harmony and the Nature of the Horse**

*Sabine Kells*

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## **The Secret of Happy Horses - An Owner's Guide to Soundness, Harmony and the Nature of the Horse** Sabine Kells

An Owner's Guide to Soundness, Harmony and the Nature of the Horse. A wee little pocket-sized book for riders, horse owners and horse enthusiasts of all ages, especially those who "want to do right by the horse". It is a basic, fun, and inexpensive introduction to the nature of the horse and its biological needs for health and longevity, so that these often misunderstood needs can be met and the foundation for a long, healthy life can be established in an age where the majority of domestic horses suffer from lameness problems and their average lifespan is often less than half of a horse's natural lifespan. This book touches on the basic aspects that anyone who has a horse should know: horse care and boarding, horsemanship and equine psychology, tack types and fit, hoof care and lameness rehabilitation, and the importance of our own attitude or focus in achieving our goals. It is as lighthearted and fun a book as it can be, serious information generously interspersed with the delightful cartoons of Doreen Guthrie.

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