

The Comfort of Home for Chronic Lung Disease: A Guide for Caregivers

Maria M. Meyer, RN Paula Derr



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This book helps family members and caregivers understand the day-to-day issues confronted by people with chronic lung disease, a complex and severe condition. Here readers learn how to come to terms with the disease and which medications can successfully treat it. There's also info on arranging the home to make it comfortable and free of allergens, purchasing special equipment, traveling with oxygen, and providing adequate nutrition when weight loss is a problem. Each chapter contains special sections to help caregivers cope, including vital strategies for stress reduction and ways to avoid caregiver burnout.



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