

Homemade Iced Tea Recipebook: Made with Pomegranat, Pineapple, Limes, Strawberries

Mr Jeen van der Meer



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Enjoy over 30 iced tea recipes. Also in this book is a brief history of the discovery of tea, which is really an interesting story. Read about the Chinese emperor who discovered a hot brewed cup of tea quite by accident almost 5000 years ago. Tea slowly made its way around the world over the years, first as a medicinal cure, then as a wealthy status symbol served only by the rich.

Tea shaped the history of Europe and the United States and today is one of the staple beverages offered either hot or iced by many households. Tea is one of the most beneficial beverages we can drink, giving us a great dose of anti-oxidants to help improve our immune system and keep us healthy.

In the over thirty recipes in this book you will find all sorts of flavors to satisfy every palate out there craving a refreshing glass of iced tea. If you enjoy fruits, you will enjoy choosing a recipe with any of these: **pomegranates, pineapples, limes, strawberries, raspberries, and of course, lemons.**

If you enjoy herbal teas, there are recipes using different herbs and spices. You will find recipes that cover the basic **black tea**, and the **white and green teas** plus **hibiscus, jasmine, Earl Grey** and a few others to spice up the flavors from tangy and tart to sweet and even "dry" for adults.

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