

The Secrets of Phoenix-Eye Fist Kung-Fu (Tuttle martial arts)

Cheong Cheng Leong, Mark V. Wiley



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The Secrets of Phoenix-Eye Fist Kung-Fu (Tuttle martial arts) Cheong Cheng Leong, Mark V. Wiley The awesome martial art Phoenix-Eye Fist Kung-Fu - a comprehensive guide - Contains hundreds of illustrative black & white photographs - Includes the basic stances of the empty-hand version of the art -Provides an overview of the weapons used - Includes a complete list of the solo and two-person empty-hand and weapon forms within the system - contains the history of Phoenix-Eye Fist Kung-Fu ADDITIONAL INFORMATION: Phoenix-Eye Fist Kung-Fu is one of the most powerful and complicated martial arts in the world. Now Cheong Leong, the Pheonix-Eye Fist Kung-Fu master, offers the most comprehensive book ever to cover this awesome art.



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