



The Imprint Journey: A Path of Lasting Transformation Into Your Authentic Self (Life Scripts Recovery)

Liliane Desjardins

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Ever Wonder Why The Same Patterns Happen To You Over And Over Again?

We all have imprints, both negative and positive. An imprint is a belief that shapes our thoughts and actions, a belief we often hold unconsciously. Liliane Desjardins, a certified clinical addiction specialist, co-founder of Pavillon Gilles Desjardins, and co-creator of the Desjardins Unified Model of Treatment of Addictions, sets forth in *The Imprint Journey* an exploration of imprints, how they govern our lives, and how we can reprogram our minds to function in new and fulfilling ways.

The Imprint Journey is equivalent to reading two powerful books in one. Liliane spends the first section telling her own story--a childhood in war-torn Croatia, the death of her mother, being an immigrant first to France and later French Canada--and the addictions and dysfunctions that marred her life until a suicide attempt resulted in a near-death experience. Her own personal recovery led her on a mission to help others find their own freedom from self-imposed and self-limiting imprints.

The second half of this powerful book provides an anatomy of our imprints, revealing how to transform them so we are free to be our authentic selves. Liliane includes eight powerful personal stories of people who have overcome their imprints--including religious, sexual, and cultural limitations--as well as an overview of how understanding and rewriting our imprints can shape the human race's future as we all experience individual "Oneness." Readers will find themselves turning to *The Imprint Journey* again and again as a guide to relieve fears and to discover powerful truths about themselves that will transform them into their authentic selves.

Acclaim For Desjardins' *The Imprint Journey*

"Liliane writes from the depth of her own experience, with passion and power and a keen understanding of the human psyche. Her insights lift the reader above their own past patterns, providing insight both comforting and striking. The book inspires hope that no matter what we've been through, fundamental change is possible."

--Marianne Williamson, author, *A Return To Love*

"The Imprint Journey will touch your very soul and make way for profound transformation. From personal story to practical steps, Liliane walks with her readers on the path of awakening. Your life will be changed."

--Carolyn Craft, Psychotherapist, Unity Minister, host of "Waking Up With Carolyn Craft" on Sirius Satellite Radio

Learn more at www.LilianeDesjardins.com

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From reader reviews:

Jennie Miller:

This The Imprint Journey: A Path of Lasting Transformation Into Your Authentic Self (Life Scripts Recovery) book is not ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book is definitely information inside this publication incredible fresh, you will get data which is getting deeper you read a lot of information you will get. This specific The Imprint Journey: A Path of Lasting Transformation Into Your Authentic Self (Life Scripts Recovery) without we know teach the one who examining it become critical in contemplating and analyzing. Don't be worry The Imprint Journey: A Path of Lasting Transformation Into Your Authentic Self (Life Scripts Recovery) can bring whenever you are and not make your case space or bookshelves' come to be full because you can have it inside your lovely laptop even telephone. This The Imprint Journey: A Path of Lasting Transformation Into Your Authentic Self (Life Scripts Recovery) having very good arrangement in word and layout, so you will not sense uninterested in reading.

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Gloria Castaldo:

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