



# Free Medicine: Meditations on Nondual Awakening

*Pir Elias Amidon*

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# Free Medicine: Meditations on Nondual Awakening

*Pir Elias Amidon*

## **Free Medicine: Meditations on Nondual Awakening** Pir Elias Amidon

*Free Medicine* is a collection of forty intimate meditations written by Sufi teacher Pir Elias Amidon.

Whether describing a naked dive into a pond in the middle of the night, or a confrontation with soldiers in a Burmese temple, these meditations can serve as companions for those whose deepest desire is to know first-hand “the good news at the heart of reality.” Human, accessible, and tender, *Free Medicine* has the power to open us up in ways we never expected.

In the words of Keith Dowman, author of *Natural Perfection*, “Although it comes packaged in different languages, cultures and religions, deep mystical insight spirals around a single heart-core: here is Elias Amidon’s inspired Sufi reflection of that ineffable nondual reality.”

Amidon’s close connection with nature; his compassion for people in distress; his simple, clear observation of the mysteries of life and death; and his calm sense of humor combine in intriguing ways to reveal the uncaused happiness that is our essence. “Reading this book is a wonderful experience, full of brilliant insights, stories, images, lots of free medicine,” says Coleman Barks, author of *The Essential Rumi*.

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Exactly why? Because this Free Medicine: Meditations on Nondual Awakening is an unordinary book that the inside of the e-book waiting for you to snap this but latter it will jolt you with the secret the item inside. Reading this book alongside it was fantastic author who write the book in such amazing way makes the content inside of easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you for not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of advantages than the other book get such as help improving your proficiency and your critical thinking technique. So , still want to hold off having that book? If I had been you I will go to the e-book store hurriedly.

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