

Coming Home to Myself: Reflections for Nurturing a Woman's Body and Soul

Marion Woodman, Jill Mellick



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Half a million readers have found substance and sustenance in Marion Woodman's previous landmark works such as Addiction to Perfection and Leaving My Father's House. Now, even more readers will have access to Woodman's brilliant insights through this volume, in which 365 of her core teachings have been formatted for daily contemplation.

The result is a series of sacred reminders to help readers connect to their feminine essence and gain a higher vision for the day. With chapter introductions, watercolors, and selections by Jill Mellick, Coming Home to Myself helps women connect to their feminine essence.



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