



# Baby Boomer Tennis

*Joy Macci, Craig A Bell*

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**Hello Fellow Baby Boomer Tennis Enthusiasts** - Now that you've turned 50...how'd you like to enjoy & excel in tennis...not just for a season, but a lifetime? And how many of you have noticed a few natural changes in your body, energy and mind, since turning 50, and would like to turn back the hands of time for our Body/Mind/Sport age? Plus, learn superstars' simple proven systems & secrets from Baby Boomer Legends, Lessons & Links to help you "WIN" in Tennis & the Game of Life!

A great read for Baby Boomers or not. There's enough information on how to become successful in life and with your tennis...all you have to do is follow it and you will be successful!! No double faults allowed.

Good Luck with the book.

Rosie Casals  
International Tennis Hall of Famer  
Member of the "Original 9"

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Thank you Dr. Joy and Mr. Bell for highlighting the importance of Baby Boomers remaining active and well and identifying tennis as a catalyst for fitness, fun and friendship for Boomers everywhere.

Pam Shriver  
International Tennis Hall of Famer

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I have so much respect and appreciation for all *Craig Bell* has done for the great game of tennis with his coaching and speaking and writing. He cares deeply about the sport and what it can do for people and he always sees the big picture. And he combines beautifully in this well written book with *Dr. Joy Macci* who provides such valuable insights from her prodigious background as an innovative coach, inspirational speaker and author. It was our Baby Boom generation that created the tennis explosion in the 70s and moved tennis forever into the mainstream. We are all living longer and healthier lives and tennis is still at the center for so many of us. You will love the stories and solid information in this book that is so illustrative of the fact that Fun, Friendship and Fitness is, indeed, a very powerful elixir.

Enjoy this fast paced read and I'll see you out on the courts . . .

*Wayne Bryan*

The popular and award winning coach and tour emcee, who is the Father of the greatest men's doubles team of all time, Mike and Bob Bryan.

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"This is a great example of how a sport can be used to improve health and lower stress."

David Winter, MD, MSc, MACP

Signature Medicine  
HealthTexas Provider Network  
Baylor Scott & White Health

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Baby Boomers have dramatically shifted every industry they have touched as they have aged. It only makes sense that the "Sport of a Lifetime" can also be impacted by this massive demographic. I believe Dr Joy Macci and Craig Bell are the leading experts on how to capitalize of this massive wave of potential tennis players. This is a brilliant book and highly recommend it to all Pro's and Clubs Owners.

Craig Smith  
President  
Matchpoint Consulting and Resorts

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#### **Timothy Wrobel:**

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