

The Ultimate Book of Darts: A Complete Guide to Games, Gear, Terms, and Rules

Anne Kramer



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The Ultimate Book of Darts: A Complete Guide to Games, Gear, Terms, and Rules Anne Kramer Share in the euphoria that comes of the "kill shot" by learning the skills and techniques required to play a great game of darts. From the history of the sport to choosing the right type of equipment, *The Ultimate Book of Darts* is written in an accessible style that is perfect for both novices and seasoned professionals. Dart throwing is now a global phenomenon with new players emerging every day. This amazing sport demands remarkable precision and an agile mind from its competitors. Learn the rules for playing team games and tips for improving your score and ability for more advanced competitions.

Author Anne Kramer focuses on the mechanics of dart throwing by discussing the pros and cons of various stances, such as toes square to the line versus one foot behind the other. This guide emphasizes good form over accuracy. If you develop good form, the accuracy will follow. Aside from mechanics this book also discusses the necessary equipment from types of darts to board materials, dimensions, and mounting. Whether you're an expert marksman who competes in a pub league or a guy who just enjoys throwing sharp objects, this is the go-to guide to a longstanding and fun tradition.



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Linda Williams:

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June Ortiz:

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