



# A Hand To Hold

*Seconde Nimenya*

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**A Hand To Hold** Seconde Nimenya

**"Life is always a little easier when we have a listening ear, an understanding heart, and a Hand to Hold."**

Not long after her grandmother dies, Adina is placed in an orphanage in Addis Ababa, Ethiopia.

Mitch and Shelly Springfield have everything going for them except the one thing they want more than anything: to have a child of their own.

At five years old, Adina is adopted by the Springfields, and under her new parents' love and caring, Adina blooms and tries to assimilate to her new home in America, but she also finds herself longing to know her biological parents, and what happened to them.

Then through an unexpected encounter, Adina begins to heal her past and is offered a hand to hold for her life forward.

Throughout Adina's story, we learn about one woman's failures and triumphs as she swims against the currents and, in the end, finds that all she needs is to peel back the layers of her own complexities, trust her inner voice, and allow her soul to evolve.

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