

Hedonistic Hops

Marie Porter



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Hops are prized for their ability to impart varied, complex flavours to beer... but did you know they can also be used culinarily? As a recipe developer / cookbook author married to an enthusiastic hophead, Marie Porter has created many amazing recipes featuring the bitter flower. These recipes have been wildly popular not only with her friends and family, but on her food & lifestyle blog, Celebration Generation. Now, she has developed an entire cookbook of hop recipes - the first of its kind! While hops may seem like a bizarre or exotic item to cook with, it's the same as using other herbs and spices in your kitchen... you just have to know what to do with them! From condiments, sides, and main dishes, to beverages and desserts, Porter shares delicious recipes utilizing hops of various flavour profiles - playing up their unique characteristics - to create recipes full of complex flavour. . Much like salt or lemon juice can be added to dishes to perk them up, a small amount of hops - used wisely, and with specific techniques to do so in a balanced fashion - can really make a dish sing. Even those who are not fans of beer will love the unique flavours that various types of hops can bring to their plate. Floral, earthy, peppery, citrusy... Cooking with hops is a great way to expand your seasoning arsenal! "Hedonistic Hops" includes helpful information on growing and harvesting fresh hops at home. Hops are easy to grow, look beautiful, and provide even more bounty than you'd expect: The leaves and shoots are also edible, and delicious! Hedonistic Hops includes recipes for using not only the cone/flower of the hop plant, but also the leaves and shoots. Spoiler: Hop leaves taste even better than grape leaves! In addition to home grown hops, "Hedonistic Hops" contains straight forward information on how to obtain and use the various forms of commercially available hops - Fresh, dried, and pellet. Hedonistic Hops: The HopHead's Guide to Kitchen Badassery includes over 50 recipes, and feature gorgeous full colour photography for each recipe. Measurements are provided in both US and metric units.



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