



That's Men: The Best of the 'That's Men' column from The Irish Times

Padraig O'Morain

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We live in challenging times when men need to be skillful in addressing the emotional issues that arise in their own lives and in their relationships with the people they love and with whom they work. This is a collection of articles taken from the author's column of the same name, which has been appearing weekly in the Irish Times for the last several years. The articles included here mirror the diversity and sometimes contrariness of life. Issues such as building better relationships (at home and at work), the importance of fathers, bullying, infertility, suicide, miscarriage, depression, living with post-natal depression, conflict in relationships, and the very real difficulties in communication between the genders are all addressed.

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John Street:

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