

Secrets of Slow Cooking: Creating Extraordinary Food with Your Slow Cooker

Liana Krissoff



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Secrets of Slow Cooking: Creating Extraordinary Food with Your Slow Cooker Liana Krissoff The slow cooker has been a true boon for the busy chef, but until now most slow-cooker recipes have been developed with an eye toward "forgetting" about the cooking rather than creating memorable dishes. That's about to change. With *Secrets of Slow Cooking*, author Liana Krissoff presents classics, both American and international, as well as new tastes, all featuring the freshest ingredients prepared in a satisfying and, as she puts it, "soulful" manner.

Beginning with easy tips for slow-cooker success, Krissoff then offers more than 60 recipes for extraordinary slow-cooked food. From appetizers to vegetables to main dishes to desserts, here are foods that will delight family and friends—Soy-Glazed Beef Short Ribs, Wild Rice with Cherries and Orange, Easiest Corn Chowder, Cassoulet with Homemade Sausage, Apricot and Chocolate Bread Pudding, and Chewy-Fudgy Brownies, to name but a few.

Also included are recipes that take full advantage of the slow cooker's capacity for even, low-heat temperature. For example, Tuna Poached in Extra-Virgin Olive Oil showcases an excellent method for cooking firm-fleshed fish, while Sake Punch demonstrates how a slow cooker becomes the perfect punch bowl for serving hot drinks.

Secrets of Slow Cooking will take your slow cooker from a convenient appliance to a treasured kitchen necessity.



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