



Programmed Sheep: Do You Control Your Mind or does Somebody Else Control It for You?

M. A. Fricker

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Programmed Sheep is an adult comedy built on my observation that humans all behave like sheep. Therefore, we are treated as such by government, politicians, employers, and the police, who all control our lives. We are being programmed to think like they want us to think, taking away our free will, freedom of speech, and even our own identity. I think most of the problems of the world are a direct result of interference in our lives by people using propaganda and lies to control the way we do think, which in turn makes us unhappy "lost sheep." And if we oppose them, they seem to just ignore us anyway and continue with their own agenda, regardless of what the people really want. So rather than following the flock as a mindless sheep, I wanted to break free and make readers aware of the world as I see it. The book starts when I was going through mental anguish and everything started to get me down. I was feeling low, depressed, and unappreciated as a worker, so I started a self-therapy exercise, and began to write down my thoughts. The question you should ask yourself is simple: Do you control your mind or does somebody else control it for you? In Programmed Sheep, M.A. Fricker in his comedy approach brings to the surface what he sees is really going on in the world, and helps stop you from just following the flock. He is working on the sequel, Paranoid Sheep. Publisher's website: <http://sbpra.com/MAFricker>

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