



Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury

Sharon Gutman

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Discover new interventions to restore self-respect and personal life control! When men suffer traumatic brain injury (TBI), they can lose their sense of competence, confidence, and masculinity, resulting in a gender role strain. Brain Injury and Gender Role Strain offers an innovative solution to help such men regain a masculine identity. This important book tells the story of four brain-injured men who suffered because they had lost the roles, relationships, and activities that had once defined their identities as adult men. Most traumatic brain injury is suffered between the ages of 18 and 30, when men are making the developmental transition from adolescent to young adult roles. TBI interrupts that transition and often sends men back into an infantile role, where they rapidly become frustrated. Many of the behavioral and morale problems of men with TBI can be traced to their anger at being unable to participate in the adult world of work, marriage, parenting, and independence. Brain Injury and Gender Role Strain discusses how these issues affected the four men included in the study, all of whom felt isolated, victimized, abandoned, and useless when they could not be the men they had always expected to be. Dr. Gutman's innovative approach can help men regain the gender-related social roles, activities, and rites of passage that help men construct their masculine identity. Brain Injury and Gender Role Strain provides a specialized intervention program that enabled the men to:

- rebuild familial roles
 - create extended-family roles
 - turn to mentors for guidance
 - learn the skills to form and maintain dating relationships
 - find meaningful community work
 - reclaim a sense of personal competency, life control, and normality
- Brain Injury and Gender Role Strain offers timely and important information for health care professionals and family members of individuals with long-term brain injury. This is also an inspiring book for anyone with a brain injury who is struggling to rebuild a life as a competent adult.

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From reader reviews:

Bobby Griffin:

Often the book Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury has a lot of knowledge on it. So when you read this book you can get a lot of profit. The book was written by the very famous author. Mcdougal makes some research before write this book. This book very easy to read you can find the point easily after reading this article book.

Bradley Smith:

In this time globalization it is important to someone to receive information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information simpler to share. You can find a lot of sources to get information example: internet, magazine, book, and soon. You can observe that now, a lot of publisher this print many kinds of book. The particular book that recommended to you is Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury this e-book consist a lot of the information of the condition of this world now. This book was represented so why is the world has grown up. The vocabulary styles that writer make usage of to explain it is easy to understand. The particular writer made some investigation when he makes this book. Here is why this book suitable all of you.

Mac Cutter:

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Rick Fairchild:

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