



# **The Proud Bastards: One Marine's Journey from Parris Island through the Hell of Vietnam**

*E. Michael Helms*

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**The Proud Bastards: One Marine's Journey from Parris Island through the Hell of Vietnam** E. Michael Helms

A riveting memoir of one marine rifleman's journey from Parris Island through the hell of Vietnam and the Tet Offensive with the Second Battalion, Fourth Marines.

In 1967, a young E. Michael Helms boarded a bus to the legendary grounds of Parris Island, where mere boys were forged into hardened Marines—and sent to the jungles of Vietnam. It was the first stop on a journey that would forever change him—and by its end, he would be awarded the Purple Heart Medal, Combat Action Ribbon, Presidential Unit Citation, Navy Unit Citation, and the Vietnam Cross of Gallantry.

From the brutality and endurance-straining ordeals of boot camp to the endless horror of combat, Helms paints a vivid, unflinchingly realistic depiction of the lives of Marines in training and under fire. As powerful and compelling a battlefield memoir as any ever written, Helms's “grunt's-eye” view of the Vietnam War, the men who fought it, and the mindless chaos that surrounded it, is truly a modern military classic.

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