

# **Ego State Therapy**

Gordon Emmerson



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#### Ego State Therapy Gordon Emmerson

Emmerson's innovative book presents the theory and practice of working with ego states, helping to understand them, recognize and use them. "...will be a very valuable addition to the subject." - Professor V M Mathew MBBS, DTM&H, DPM, MRCPsych, MPhil, Consultant Psychiatrist and Clinical Director, West Kent NHS and Social Care Trust



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