



## Seeing the Future: Theoretical Perspectives on Future-Oriented Mental TimeTravel

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# Seeing the Future: Theoretical Perspectives on Future-Oriented Mental TimeTravel

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Episodic memory is a major area of research in psychology. Initially viewed as a distinct store of information derived from experienced episodes, episodic memory is understood today as a form of mental "time travel" into the personal past. Recent research has revealed striking similarities between episodic memory-past-oriented mental time travel-and future-oriented mental time travel (FMTT).

*Seeing the Future: Theoretical Perspectives on Future-Oriented Mental Time Travel* brings together leading contributors in both empirical and theoretical disciplines to present the first interdisciplinary look at the human ability to imagine future scenarios. Chapters focus on the challenging conceptual and theoretical questions raised by FMTT, covering themes such as: varieties of future-oriented cognition; relationships between FMTT and episodic memory; subjective temporality in FMTT; the self in FMTT; and functional, evolutionary and comparative, developmental, and clinical perspectives on FMTT. With its focus on the conceptual issues at the heart of fast-developing research on FMTT, this edited volume will serve graduate students to senior scholars working on or interested in FMTT and related areas as a synthesis of current theoretical thinking and a source of questions for future FMTT research.

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