



# Five Bold Choices: Rise above Your Circumstances and Redefine Your Life

*Jay Coughlan, Larry Julian*

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**Five Bold Choices: Rise above Your Circumstances and Redefine Your Life** Jay Coughlan, Larry Julian  
There are times in our life when we feel stuck. Our noble desires for a successful career and family life get bogged down or derailed by the challenges before us. Whether it be a difficult circumstance or our own limiting beliefs and fears, we can't seem to get past what holds us back.

Jay Coughlan was confronted with a personal hell that started with making a terrible choice to drive home after drinking with his father. This decision resulted in a horrific car crash that killed his dad. Jay provides a remarkable story of perseverance from convicted felon to successful CEO.

*Five Bold Choices* helps you break free from the barriers that prevent you from realizing your untapped potential. What if the things you fear and avoid are portals to your success and significance as a leader at work and at home? No one seeks trials, but they can put us on a pathway toward realizing our true purpose and potential.

In this book, Jay Coughlan and best-selling author Larry Julian map out five bold choices that can get you unstuck and enjoying the journey God intended for your life. This book will not only inspire you to triumph over your most challenging issues, it will provide a practical plan to persevere and realize the true potential that lies within you.

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