

Introduction to Health Psychology

Robert J. Gatchel, Andrew Baum



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This text offers a multidisciplinary approach, covering the social, clinical and biological concerns around issues in health psychology. It presents a balanced treatment of the basic research, including applied issues, theory, assessment, treatment and biopsychological and clinical approaches. This edition includes: expanded coverage of the changing health environment; the growing importance of prevention; and updated coverage of cancer research and psycho-neuroimmunology.



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