



Unashamed Study Guide: Drop the Baggage, Pick up Your Freedom, Fulfill Your Destiny

Christine Caine

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Shame has no place in the purpose, plan, and destiny God has for us because shame lies to us, robs us of the freedom we long for, and shackles us in the prison of our past.

In *this five-session video Bible study*, author and teacher Christine Caine weaves examples from her life with those of biblical characters who failed but overcame their shame to show how God heals us and redeems us. In her passionate style, she explains that if we want to change our futures, we have to believe God is bigger than our mistakes, our inadequacies, our pasts, and our limitations. We have to believe God created us for a unique purpose, has a specific plan for us, and has a powerful destiny he wants us to fulfill.

God has already won the victory over sin and its shame, and we do not need to spend our lives believing the lies of the deceiver. Instead, we can allow ourselves to be defined by God's truth and choose to see ourselves the way God does—through the lens of his eternal perspective. So join the journey. Stop merely existing and start thriving. Lay hold of the power of Jesus Christ today and step into his future—a beautiful, full, life-giving future filled with purpose. You can live unashamed!

Sessions include:

1. Run, Don't Hide (21:00)
2. Today Is the Day (19:00)
3. Posses Your Inheritance (23:00)
4. God Never Wastes a Hurt (20:00)
5. Highly Unlikely (23:00)

Designed for use with the *Unashamed* DVD 9780310698735 (sold separately).

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Daria Gertz:

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Carol Rosborough:

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useful information for your better life on this era. So now let us present to you the relaxing pattern here is your body and mind will be pleased when you are finished examining it, like winning an activity. Do you want to try this extraordinary wasting spare time activity?

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