



**Golf: Competitive Strategy: Health Secrets: 3
Books in 1: Master Your Golf Game, Get The Edge
On The Competition & Ultimate Health Secrets
(The Best ... With Competitive Strategy and Health
Secrets)**

Ace McCloud

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Do you wish you could play more consistently? Are you tired of losing? Do you wish your energy would last to the end of the course?

3 Books in 1: An unbeatable combination of the best of golf wisdom, competitive strategies, and tactics to prepare mind and body for peak performance!

Whether you want to (1) play golf like an expert, (2) blow the competition out of the water, or (3) **increase** your **energy** and **physical health**, this book will teach you **everything** you need to know.

Start winning much more and having fun on the course!

Instead of burdening you with a plethora of minute details nobody can pay attention to all at once, I've distilled this highly complex sport down to a few key ideas. Follow straightforward instructions to start seeing steady improvement in your scores. Discover strategies that will allow you to play both technically and intuitively to your greatest advantage.

What Will You Discover About Golf?

- How to **boost your putting precision**.
- Tips for hitting harder and with greater accuracy.
- How to **boost your concentration and focus** to new heights.
- Enhance your game with the best conditioning and nutritional strategies.
- How to play strategically and intelligently to make the most of each stroke.
- How to relax and enjoy the game.
- The best equipment available to enhance your play.
- How to **free your mind** for better performance when playing.
- Practical tips that will have you consistently posting lower scores.

Give yourself the competitive advantage!

Remove negative influences and replace them with **positive alternatives**. Equip yourself to stride into each challenge with confidence and the ability to compete at your highest level.

What Will You Learn About Competitive Strategies?

- How to be calm and relaxed in key situations.
- How to use the excitement of competition to help you **perform** better.
- Powerful mental strategies to keep your head in the game.
- The proper way to use **goal-setting**.
- How to model the tactics of the experts.
- The key strategies all winners have in common.
- How to compete effectively **in all circumstances**.
- How to **train properly** for competition.
- How to make a **masterful plan of action** for peak performance success.

Let yourself live to the max!

Gain proven tools for **vibrant living** that can last you for the rest of your life! Use the strategies the pros use to give your **body the foods it needs** in order to **heal itself** and generate enough energy to accomplish big things in your life.

What Will You Discover About Health?

- The **best foods** for healthy living.
- The benefits of a Mediterranean diet.
- Cardiovascular exercises and physical training strategies.
- The best all-natural **energy-boosting supplements**.
- Exercises and workouts described in full detail.
- A practical guide to applying the best health principles to your life.
- How to customize a **nutritional plan** to meet your body's needs.
- How to use your thinking to boost your physical and mental health.
- How to combine strategies to live a **super-charged and healthy life**.

These three books combined can add massive power to your game.

Start winning: Buy It Now!

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Deanna Ratliff:

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Mary Bolinger:

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